

Welcome to Italy

It is a great honour for me to welcome you in the land of art, water and harmony. The land where the Garda Lake, a little see, gives us lights, colours and fragrances unforgettable. Where art and nature are the same thing and their breath flows everywhere.



I hope you have a good stay and we all have a fruitful meeting, an important occasion to deepen some so interesting arguments. As our President says: we have to forget the old habits and the external pressures that restrict us. I like to think as water is.

Water flows, brushes and suits everything and, like this, our work fits our body and our mind to take us harmonic movements.

Harmonic like a music and simple like art. The art of Ergonomics.

Dr. Daniele Beretta

Welcome to Desenzano del Garda

It is my great pleasure to invite you to this year's Annual Meeting of the European Society of Dental Ergonomics in Desenzano del Garda in Italy.



It will be held in the Auditorium of the Hotel Acquaviva del Garda, located directly at the lake promenade.

Its philosophy is about water, acqua viva, which I feel is a good guide for our conference if one translates it in terms of ergonomics. It is written as:

“Forget this sad rainy day.
Forget time and space as you have known till now.
Forget the taste of sweet and bitter,
as you have been used to till now.
Forget the old habits and the external pressures that
restricted you. Reflect on yourself.
Gave yourself to weightlessness and let yourself carry by
your intrinsic forces. Entrust yourself the mild power of
water and dive into its refreshing coolness”

So follow the way that we prepared for you to a better health and that of the whole dental team.

I'm so thankful to and proud for our Executive Committee Member and Local Organiser Dr. Daniele Beretta being able not only to arrange an enthusiastic organisation team and to choose an excellent venue but also and particularly to arrange the Italian Society of Dental Ergonomics being ESDE's co-host.

I wish us a pleasant but fruitful time, satisfaction, motivation and a big challenge for future work for the faith of our patients but for our teams particularly.

Dr. Jerome Rotgans (PhD, DDS, MD, MHPE)
President of ESDE

European Society of Dental Ergonomics
Europäische Gesellschaft für Zahnärztliche Ergonomie
Societe Europeenne d'Ergonomie Dentaire
Società Europea di Ergonomia Dentale

Executive Committee

President	Prof. Dr. drs. drs. Jerome Rotgans – Germany
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European Society of
Dental Ergonomics

ESDE

Annual Meeting 2008
30-31 May

“Why do dentists accept risks and
complaints?
Is prevention possible?”

Hotel Acquaviva del Garda
Desenzano del Garda
Garda Lake – Italy

“Ergonomics in the land of art
water and harmony”

co-hosted by
SIED

Società Italiana di Ergonomia Dentale



Information and Registration
www.sportsalute.org - info@sportsalute.org

sponsored by



21st ESDE Annual Meeting 2008

Why do dentists accept risks and complaints? Is prevention possible?

Friday 30 May 2008

08:00 Registration desk opening

09:00-09:15 Introduction

Block I – Developments in dental ergonomics.
A survey

09:15-09:30 Mission, vision and policy of ESDE
Jerome Rotgans, President ESDE - Aachen (D)

Block II – Physical and mental complaints of dentists.
How to prevent?

09:30-10:00 How to achieve a healthy and sustainable work
life for dentists.
Reflections on the ideal situation versus reality
Karin Hjalmers - Malmö (S)

10:00-10:30 Significance of equipment design for physical
load
Paul Engels - Santpoort (NL)

10:30-11:00 Mental aspects adopting an ergonomic approach
Agnita Lindegard - Gothenburg (S)

break

11:30-12:00 Guided discussion on Block II
Oene Hokwerda – (NL)

Block III – How to map out the overload of dentists

12:00-12:30 The dentists (over)load in relation with their
capability of carrying it
Joseph Wouters - Nijkerk (NL)

12:30-13:00 Prevention and treatment of workstress related
mental problems
Jan Hoevenaars - Nieuwegein (NL)

lunch

Block IV – Infection risks, threat and prevention

14:30-15:00 How to deal ergonomically with infection
prevention (first part: theory)
Lorenzo Balsano - Pandino (I)

15:00-15:30 How to deal ergonomically with infection
prevention (second part: practice)
Lorenzo Balsano – Pandino (I)
Daniele Beretta – Torreglia (I)

15:30-16:00 Microbiological quality of dental unit water
Franco Castellini - Bologna (I)

break

16:30-18:00 Working Groups / Block II, III, IV (parallel)

18:00-19:30 SIED presentation
General Assembly

20:30 [Gala Dinner](#)

Saturday 31 May 2008

Block V – Practicing dentistry (I)

09:00-09:30 Ergonomics in digital communication with the
patient
Carlo Guastamacchia - Milano (I)

09:30-10:00 Ergonomical organization of four-handed
dentistry
Päivi Hatakka - Joensuu (FIN)

Block VI – Practicing dentistry (II)

10:00-10:30 Principles of management in the dentist practice
Mauro Foltran – Treviso (I)

10:30-11:00 The meaning of ergonomical awareness for risk
factors minimalization at dentist's work
Tomasz Dzieniakowski - Lodz (PL)

break

11:30-12:30 Working Groups V and VI (parallel)

12:30-13:00 Reports of all Working Groups and discussion
Evaluation - General Discussion

13:00-13:15 2009 Annual Meeting in Poland
Anna Szymaska – (PL)

13:15-13:30 Closing ceremony

lunch

Official language of the Meeting is English

Thursday 29 May 2008

20:00 [Get together Party](#)
[Hotel Acquaviva del Garda](#)

POSTER

It is possible to have your poster in the proper section
please contact Dr. Daniele Beretta - danieleberetta@alice.it

POST CONGRESS AND LADY TOUR

[Garda Lake Water Tour](#)

[Andrea Palladio, the Master of Harmony and Vicenza](#)
[Vicenza, a town in the World Heritage List, 500 years](#)
[after Palladio's birthday \(1508\)](#)